



AHPA

ARTHRITIS HEALTH PROFESSIONS ASSOCIATION

ANNUAL
REPORT
2019





TABLE OF CONTENTS

Board of Directors : 2

Mission and Vision : 3

President's Report : 4

Strategic Progress and Priorities : 7

Committee Reports : 10

Other Reports : 16



2019 Board of Directors

President: Sue MacQueen
President Elect: Anne MacLeod
Treasurer: Rashmi Mandhane
Secretary: Jill Hall
Communications Chair: Denise Jupp
Membership Chair: Jackie Williams-Connolly
Professional and Career Development Chair: Sameer Chunara
Research Chair: Raquel Sweezie
Sponsorship and Marketing Chair: Angelo Papachristos
Member at Large Eastern Canada: Lynne Broderick / Nik Harris
Member at Large Western Canada: Paul Adam

Volunteer Webmaster/Administrator
Jennifer Boyle

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ARTHRITIS HEALTH PROFESSIONS ASSOCIATION

AHPA is a Canadian organization of health professionals, researchers and administrators, who, through knowledge translation, engagement and interprofessional collaboration, aim to advance our ability to provide excellent patient care.

MISSION AND VISION

Mission

To build and sustain a community of professionals who provides the best possible care to Canadians with arthritis through knowledge translation, engagement, and inter-professional collaboration.

Vision

Optimal care and quality of life for every Canadian living with arthritis.

STRATEGIC PRIORITIES 2018 - 2023

Knowledge Translation

To generate, share, and disseminate the evolving body of arthritis care knowledge by creating opportunities for research funding, collaboration, and education for our members.

Engagement

To maximize the engagement of our members and external partners, leveraging our positive impact on individual professionals, the healthcare system, and better positioning AHPA to fulfill its mission.

Sustainability

To build the resources, organizational structures, and capacity to achieve our goals and provide excellent value to our members.





PRESIDENT'S REPORT

2019 was a busy year for AHPA with many new initiatives and progress on our Strategic Plan. This annual report is a summary of those initiatives and the activities that the AHPA Board of Directors has undertaken on behalf of the membership during 2019.

At the Board Planning Meeting held in Montreal QC, we welcomed new board members and reviewed the strategic plan progress to date. It was decided to meet for a day-long meeting in September 2019 as a board in order to set our priorities and goals for the second year of our strategic plan.

This in-person meeting provided an opportunity for the board to examine our strategic plan in more depth and determine how we might best meet our goals as an organization.

We also discussed how, as an operational board with volunteer members who have full time jobs, we sometimes struggle to balance our time. Many hands make light work and we will be working to engage more of our membership in the work of AHPA.

As you read this report, it's important to know that your AHPA Board is working hard to achieve our Vision:

Optimal care and quality of life for every Canadian living with arthritis

ACKNOWLEDGEMENTS



As with any organization, we are dependent upon the hard work of our Board members who volunteer their time to AHPA. I would like to acknowledge and thank all Board Members and Committee Chairs for their dedication and tireless efforts this past year as we move forward with our Strategic Plan.

Rashmi Mandhane, Treasurer, for her attention to the budget and banking needs of AHPA, coordinating with our accountant, and for exploring ways to reduce our costs as an organization with initiatives such as Direct Deposit, and Zoom web conferencing. We will miss her presence on the Board and wish her well in her future endeavours.

Jill Hall, Secretary, for her work in keeping us all up to date with minutes and ensuring that our government documents are renewed.

Denise Jupp, Communications Chair, for taking on this new role on the Board and working to provide the membership with the monthly Newsbrief.

Sameer Chunara, Professional and Career Development Chair, for organizing the educational web-conferences for all of our membership, as well as ARP members, and for the administration of the Clinical Innovation Award.

Raquel Sweezie, Research Chair, for her ongoing work in administering the Arthritis Society Research grant, coordinating review of applications, liaising with applicants, and administration of awards. In addition, thank you to Raquel for representing AHPA on the CRA Scientific Committee.

Angelo Papachristos, Sponsorship and Marketing Chair, for his efforts in networking and securing funding for our annual Pre-Course – a challenge in the current sponsorship environment.

Jackie Williams-Connolly, Membership Chair, for her work related to promoting AHPA membership through innovative strategies and updating our membership materials.

Lynne Broderick, Member-at-Large, Eastern Canada, for promoting AHPA in the Atlantic Provinces and managing the nomination process. And to **Nik Harris** who ably filled in for Lynne while she was on extended leave for a few months in 2019.



ACKNOWLEDGEMENTS

Paul Adams, Member-at-Large Western Canada, for promoting AHPA in Western Canada and for his hard work on our Communities of Practice initiative and for piloting the Models of Care CoP.

And last, but certainly not least, **Anne MacLeod**, President-Elect, for her valuable assistance on and leadership on many projects this past year; the Rules and Regulations document, position descriptions, Special Interest Group Terms of Reference document, and other engagement activities, to name just a few! I know that AHPA will be in very good hands as Anne takes on the role of President.

Beyond the Board members, we have other volunteers who make tremendous contributions to the success of AHPA:

Jennifer Boyle, our volunteer webmaster and administrator works hard maintaining and updating our website, sending out e-blasts and responding to enquiries. This past year she worked with our website host, Pixel Army to ensure that we could provide SIGs with space on our website. We are most appreciative of Jenn's support and great sense of humour!

Jennifer Burt, a former president of AHPA continued to represent AHPA as a board member of the Arthritis Alliance of Canada until its final meeting in November 2019.

Leslie Soever, another former president of AHPA has continued to take a leadership role in the planning of the AHPA Annual Pre-Course.

And my sincere thanks to all AHPA members for choosing to be part of this organization which serves all professionals with an interest in arthritis.

As I finish my term as President of AHPA, I am grateful for your support and words of encouragement over the past two years. It has been my honour to serve as President.

Respectfully Submitted,
Sue MacQueen PT, BScPT, ACPAC
AHPA President



Strategic Progress and Priorities

Knowledge Translation

Progress in 2018-2019

- AHPA webinar series
- Collaboration with the Association of Rheumatology Professionals (ARP) to offer their webinar series to our membership
- Successful Pre-Course in Montreal
- Continued partnership with Arthritis Society to provide our Research Grant
- Attempts to increase our research funding continued



Priorities in 2019-2020

- Communities of Practice were identified as a way to offer members a way to engage with each other to share information and ideas
- A Model of Care CoP has been piloted to determine if this will provide a suitable educational forum for AHPA members
- We will continue to offer educational webinars and explore funding for research activities.



Engagement



Progress in 2018-2019

- First Special Interest Group of AHPA approved: Advanced Clinician Practitioner in Arthritis Care (ACPAC)
- AHPA representation at Canadian Agency for Drugs and Technology in Health (CADTH) stakeholder meeting Nov 2019
- Ongoing engagement
 - Canadian Rheumatology Association (CRA)
 - Collaboration with the Annual Scientific Meeting
 - AHPA members will now receive the CRA Journal
 - Ontario Rheumatology Association (ORA)
 - Participation in Resident's Pre-Course at the ORA Annual Meeting
 - Invitation to participate in the Emerging Rheumatologists of Ontario workshop to educate new rheumatologists about the important role of allied health professionals in the management of their patients
 - Arthritis Alliance of Canada (AAC) - participated in the final meeting of the AAC held in November 2019.

Priorities in 2019-2020

- Improving awareness of AHPA and online marketing using social media
- Engage our membership in AHPA activities and committees
- Promote the formation of Special Interest Groups
- Continue collaborating with our external partners



Committee Reports

Communications: Denise Jupp



Mandate

- Concern itself with internal communications (electronic and print)
- Keep members informed of advances in rheumatology, AHPA activities, etc. through the production of a monthly newsletter
- Encourage other AHPA members to write articles for the newsletter, review current books or literature and note important upcoming dates of interest to the AHPA membership
- Be responsible to maintain and update the AHPA website, in collaboration with the AHPA webmaster



Achievements

- Continued to produce the monthly newsletter
- Liaised as able with webmaster
- Communicated with members submitting content to newsletter
- Continued effort to encourage membership to submit content
- Work on social media to increase awareness of AHPA



Priorities for 2020

- Continue to improve the monthly newsletter
- Curate literature and articles to publish in the newsletter, including a resource file to draw upon if no new articles are put forth from the membership
- Curate content for the Facebook page
- Redesign the newsletter that has become intensely bogged down by years of copy and paste from newsletter to newsletter
- Utilize the opportunity of AHPA/CRA 2020 meeting to encourage membership to submit content to the newsletter and request feedback from members on how the newsletter could better meet their needs.

Membership: Jackie Williams-Connolly



Mandate

- Recruitment, retention and recognition of AHPA members
- Development of programs for membership recruitment and retention
- Oversee the membership process and applications
- Organize the Lifetime Achievement Award



Achievements

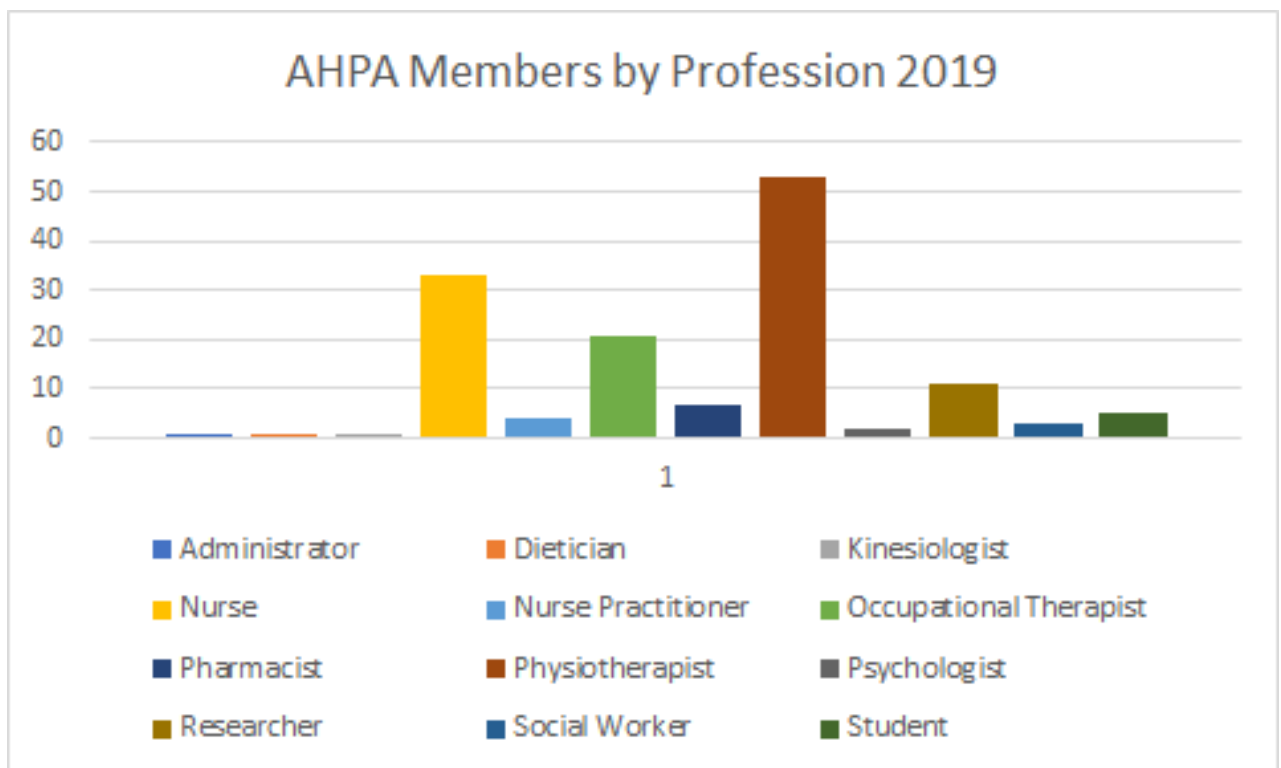
- Membership committee formed
- Updated membership forms.
- Updated branding and photos with consistent messages for forms, flyers and brochures
- LinkedIn campaign launched to increase awareness of AHPA
- Social Media presence increased on LinkedIn, Facebook, Twitter
- Membership fees increased to cover increasing organizational costs.
- Contest launched to welcome and appreciate everyone's new or renewal membership
- Lifetime Achievement Award Nominations Nov 1 - Nov 30, 2019



Priorities for 2020

- Build on successes of 2019
- Continue to improve registration process
- Evaluate Social Media Campaign
- Create new membership initiatives
- Develop incentives for new and renewing members
- Improve interest in Lifetime Achievement Award
- Develop new membership survey

Membership by Province 2019



Professional and Career Development: Sameer Chunara

Mandate

- Define, recommend, coordinate and implement programs that strive to achieve the Association's educational objectives, specifically related to the one hour webinars
- Organize the sharing of clinical forms and tools in the Resource section of the website
- Administer the Clinical Innovation Award
- Organize and establish such subcommittees and task forces as the committee deems necessary or appropriate to carry out its objectives
- The Chair of the committee shall lead the review process of new SIG applications and liaise with established SIGs to ensure yearly requirements are met.



Achievements

- Completion of teleconference series for the year 2019: “Pregnancy and Rheumatic Disease” by Dr. Dharini Mahendira, "Improving Mental Health for Pediatric Patients with Rheumatological Disease" by Dr. Andrea Knight and “The Gut Microbiome and Inflammatory Disease” by Dr. Jessica Forbes
- Promoting, administering, and grading of the Clinical Innovation Award to be presented at the 2020 AGM
- Continuing our relationship with AMGEN, which co-sponsors the teleconference series. Thank you to Ms. Alexandra Garbe, our liaisons with AMGEN for their ongoing support
- Establishing an informal knowledge exchange agreement with the Association of Rheumatology Professionals (ARP) for the year 2019. ARP members were invited to be guests of the AHPA for our webinars, and in turn, AHPA members had complimentary access to 2 ARP webinars
- Working with the Board to establishing the framework for Special Interest Groups (SIG) in the AHPA. The Committee received its first application from the ACPAC SIG, and subsequently approved the application in order to create the first AHPA SIG.



Priorities for 2020

- Determining the feasibility of using an online web-based platform to engage AHPA members to participate in the pre-course remotely
- Awarding the Clinical Innovation Award at the AHPA AGM in 2020
- Determining and booking speakers for teleconference series in 2020. The committee would like to set a target of 3 teleconferences and to discuss dissemination to a wider audience.

Research: Raquel Sweezie



Mandate

- Concern itself with research and research training in rheumatology
- Encourage clinical and health services research on the organization of medical and health care as they may affect people with rheumatic diseases
- Undertake the peer review of all AHPA submitted abstracts for presentation at the scientific meeting
- Undertake the submission and peer review of AHPA grants;

Achievements

- Member of the 2020 CRA ASM committee
- Secured funding from the Arthritis Society for the \$5000.00 Research Grant and the committee reviewed 4 grant applications and the recipient will be announced at the 2020 AGM
- Research committee reviewed 8 conference abstracts submitted by AHPA members and all were accepted for presentation at the CRA ASM in February 2020
- AHPA Abstract Awards: recipients to be announced at the 2020 AGM
 - Carolyn Thomas Award for Best Scientific Abstract
 - Barbara Hanes Memorial Award for Best Abstract Submitted by an OT
 - Best Trainee Abstract Award: No abstracts submitted this year
- Facilitated selection of AHPA workshops from new Requests for Proposals (RFP) from CRA and AHPA members
- Flora To-Miles, the winner of the 2018 grant competition, has successfully completed her project and submitted a final report in August 2019
- Attempts were made to secure additional research funding from non-pharmaceutical companies. Able Home Health was contacted and follow-up is pending

Priorities for 2020

- Contact with the Arthritis Society's Chief Science Officer, Sian Bevan, will be made in January 2020 in order to confirm funding for the 2021 grant competition
- While the RFP is a good way to engage AHPA members by encouraging them to submit a workshop for the CRA ASM, the current system needs to be clarified to ensure that allied health submitting proposals are AHPA members
- A final progress report on the project from Marie Westby, the winner of the 2019 grant competition will be submitted in May 2020
- Engage a volunteer from the AHPA Board to sit on the CRA ASM committee
- Engage a volunteer from the AHPA membership to assist with securing additional research funding

Sponsorship and Marketing: Angelo Papachristos



Mandate

- Concern itself with external communication/marketing and the development and evaluation of fundraising targets and strategies for the purpose of generating revenue to support the activities of AHPA
- Develop fundraising campaigns targeting corporations, foundations, individuals and government
- Develop a plan, budget and agenda for the annual conference (pre-course)
- Liaise with the Treasurer as part of the annual budget process;



Achievements

- At the time of publication of this report, secured \$95k of industry sponsorship funding for ongoing educational events in 2018-2019 cycle. We continue to expect drastic decreases in funding over the next few years with anticipation of a decline of 40-50% in 2019- 2020. Challenges include competing courses and offerings by CRA and other organizations as well as multiple challenges facing sponsors including industry wide consolidations, increased competition sector wide, drastic industry scale backs on education for medical professional.
- Successful in setting the pre-course agenda for 2019 with meeting that was held Wednesday February 27th, 2019 at Fairmont The Queen Elizabeth, Montreal Quebec. There were 8 talks/sessions during the day including an interactive exercise session looking at neuromuscular exercise. We continue to welcome patient partners/advocates to the course.
- AHPA sponsored and planned two workshops during the CRA meeting. Overall, we had eleven excellent speakers presenting on behalf of the AHPA.
- Provided seventy-one [71] travel bursaries to our membership during the 2019 year for educational events including our board members. Average travel bursary support for our members was \$1062.87, a marginal increase from the year prior.



Priorities for 2020

- Continue marketing and obtaining sponsorship for 2019-2020
- Plan 2020 AHPA pre-conference event to be held in Victoria, B.C. based on feedback from current year and members questionnaires
- Continue to look for alternative sponsorships and partnerships with industry partners and providers of medical education
- Looking at alternative delivery models via new technology and media platforms.

Other Reports

Secretary's Report: Jill Hall



Mandate

- 2-year Board term
- Responsible for disseminating the agenda and minutes and distributing information/documentation as required.



Achievements

- Completed duties of taking minutes at monthly and ad hoc meetings
- Filed the annual return with Revenue Canada



Priorities for 2020

- Organize the AHPA folders in Google Drive

ACPAC SIG Report: Leslie Soever



The ACPAC SIG has officially been under the umbrella of AHPA since May 23, 2019. We are comprised of graduates and students of the ACPAC Program. Our activities to date have focussed on our four pillars: Education, Advocacy, Leadership, and Research. Being a new group, from a leadership perspective, we are working on developing a formal structure for our executive and committees who meet and represent our membership. This work includes succession planning for positions. Since inception we have met virtually using AHPA ZOOM technology on four occasions in 2019: May 24, June 21, October 11, and November 29. On the advocacy front, we have issued several communiques to ACPAC graduates and students encouraging membership in both AHPA and ACPAC SIG; we are pleased to report to date we have 34 members. Our goal is to increase this number to at least 50 within the 2020 calendar year. From an education perspective, we are looking forward to the upcoming presentation by Chandra Farrer to all AHPA membership on Thursday, January 30, titled “Yes we can! Quality Improvement in Action: How Advanced Practice Roles are Improving Musculoskeletal Health”. In addition, plans have begun to hold an education event for our members in May 2020, in Toronto, Ontario. We value and appreciate the opportunity offered by AHPA for our group to formalize ourselves; and look forward to ongoing collaboration.

Respectfully submitted,
Leslie Soever, Interim Chair

FINANCIAL OVERVIEW

Here is an overview of AHPA expenditures in each of the 3 strategic priorities: Knowledge Translation, Engagement and Sustainability. Our overall expenditures in 2019 totaled \$144,631.00.

ENGAGEMENT

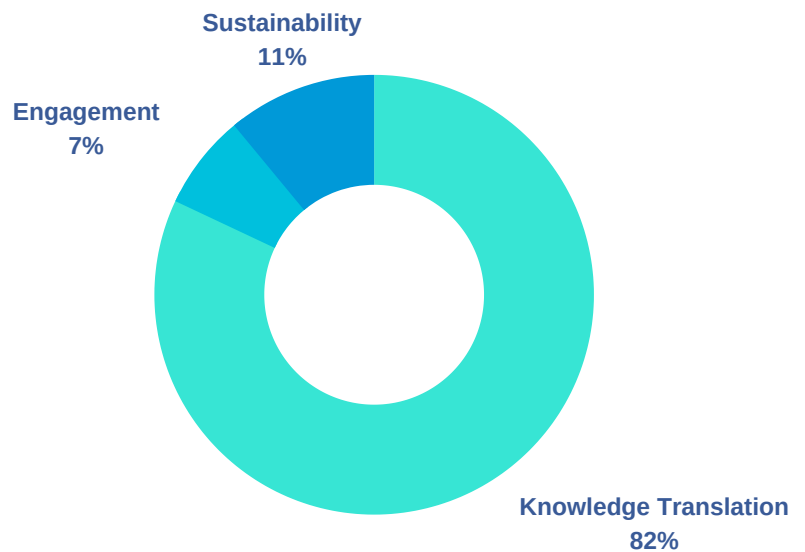
Expenses in this category include costs associated with collaboration with our external partners and marketing our organization.

KNOWLEDGE TRANSLATION

The largest of our expenditures, this covers our annual Pre-Course and includes the cost associated with speakers, AV, meals and travel bursaries. Quarterly webinars and research awards are also included in this category.

SUSTAINABILITY

This includes costs associated with running an organization such as bookkeeping and accounting fees, insurance, bank fees and website maintenance.



0%

How much we spent on salaries in 2019!

SPONSOR SUPPORT

Thank you to our sponsors who supported our Annual Pre-Course and other educational activities in 2019:

Abbvie

Amgen

Celgene

Janssen

Pfizer

Roche

Sanofi

UCB

